Jean-Sébastien Berlinguette

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| PROFILE |
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| Helicopter nurse in remote areas |
| Specialized in remote area and emergency nursing |
| Outdoor guide and instructor |
| Numerous outdoor expeditions all around the world |
| Devoted to health care since 1999 |
| Bilingual (French & English) |

Education

Solutions Nursing: Extended role nurse training (150 hours + in-service training)

January 2009

ACS: Outdoor Adventure Guide

May 2008

Cégep St-Laurent, Montreal

Clinical Nurse Certification
University of Abitibi-Témiscamingue, Quebec

May 2007 to now

Nursing DCS Cégep Bois-de-Boulogne, Montreal May 2005

Skills and Certifications

Extended Role Nurse Training Instructor for northern nurses (192 h) 2012 to now > AWLS (Advanced Wilderness Life Support) Instructor (awls.org) 2013 to now > Training in home hemodialysis (200 hours) - Saint-Jérôme Hospital 2013 > PHTLS (Pre-Hospital Trauma Life Support) Instructor for the NAEMT 2012 to now > Sirius instructor (wilderness first aid) 2007 to 2012 > CSST instructor (standard first aid & CPR) 2003 to now ▶ CPR and First Aid Instructor: Heart and Stroke Foundation of Canada 2002 to now > First Aid Team Coordinator 1999 to 2005 > Trauma Nursing Core Course (TNCC) Provider **▷** Advanced Cardiac Life Support (ACLS) Provider ▶ Emergency Pediatric Care (EPC) Provider

- **▶ Pediatric Advanced Life Support (PALS) Provider**
- **Education Program for Immunization Competencies (19 hours)**
- > Training in Narcotics and Controlled Substances (20 hours)
- > Firearm permit
- Dutdoor certifications: avalanche, canoe, kayak, climbing, scuba diving...

Career summary

Bayshore; Northern Nursing Program Manager

September 2014 to now

Managing a nursing team, developing a northern nursing program (192-hour program), negotiating with equipment and services suppliers, interviewing and hiring personnel, supervising nursing station trainees, managing the northern nursing program, negotiating contracts with clients, managing the northern nursing team, collaborating with others instructors and nurses for training courses, working as a nurse in different departments (mining and remote nursing)

Air-Medic; Flight nurse

September 2013 to February 2014

Being on call 24/7 to operate medical evacuation by helicopter and by plane for pre-hospital or inter-hospital patients.

Sécuri-Soins; **President and founder -** All around Canada

2002 to 2014

Owner of Sécuri-Soins from 2002 to 2014. Managing the company, managing training logistics, equipment transportation and personnel in Northern Canada. Negotiating with suppliers and clients. Training new employees and clients.

Multi-option nursing; Extended Role Nurse

2010 to 2012

Extended role nurse in Northern Quebec nursing stations without doctors

Others:

> Agence Second Souffle - All around Quebec:

2006 to 2008

RN in different units (Emergency, Intensive Care, Surgery, etc.)

▶ Hôpital du Sacré-Cœur de Montréal: Critical care nurse

2004 to 2006

Nurse in Intensive Care and Intermediate Care units.

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Remote nurse and rescuer:

| Sécuri-Soins: Exploration camp and nursing station – Quebec | 2006 to 2014 |
|--|--------------|
| Sirius Med: DEW line decontamination camp – Nunavut | summer 2009 |
| ▶1984 inc.: Mining exploration camp – Nunavut and Nunavik | 2007 to 2010 |
| ⊳B.T.A.Q.: Mining exploration camps – Nunavik | 2006 to 2007 |
| ▶ACF: Oil exploration camps – Anticosti island | summer 2003 |

First responder and rescuer

| >Service d'urgence Médic - Dollard-des-Ormeaux | 2003 to 2007 |
|--|--------------|
| >Service de premier répondant Des Moissons - Beauharnois | 2003 to 2006 |

Outdoor guide and instructor

After training to be an outdoor adventure guide, I started teaching rock and ice climbing, gave survival courses and was a high mountain guide for groups in Nepal, in Africa as well as in Peru.

 Note: I have various experiences in outdoor activities as a guide and as an expedition nurse (references upon request).

Expeditions and Outdoor Experiences

▶High altitude trekking guide: Africa (Kilimanjaro) and Nepal (Everest base camp)

Expeditions in Argentina - Aconcagua, Cerro Plata and Los Arenales (winter 2010)

> Trekking and mountaineering on Ausangate (Peru): expedition nurse (summer 2007)

▶ Trekking across Corsica: GR20 (summer 2004)

Climbing and opening different alpine, ice and rock routes in Canada, in the USA and in Peru

<u>Activities and hobbies</u>: climbing (rock and ice), photography, scuba diving, reading, outdoor activities.

I look forward to working with you

*References upon request